Bullying, Hazing and Inappropriate Behaviors- Prevention and Intervention

Your Mobility Partner
Projects Cultural Mobility SL

Organisation ID: E10338522

www.cultural-mobility.com

Course Overview

Protecting students doesn't happen just on the court or on the field. More and more, news media and criminal investigations are documenting examples of inappropriate relationships, sexual harassment, hazing, and bullying. This course takes a hard look at these difficult issues and provides recommendations and procedures that coaches should follow to protect their students, their program, and themselves.

Course Objectives

- To identify limiting & negative beliefs and transform them into positive and supporting ones
- To understand physical & mental health issues within the teaching profession
- To improve interpersonal relationships
- To introduce new tools & resources within the classroom to foster wellbeing and reduce early school leaving
- To acquire understanding of the various forms of BULLYING and cyber-bulling and knowledge about impact, risk and long-term effect of victims and bullies
- To develop competences regarding applying non-formal education activities and techniques in different formal settings in order to encourage inclusion
- To share best practices and transfer knowledge and methods between different cultural zones and different learner ages regarding successful inclusive approaches
- To develop the participants' competences of ensuring harmonious group building (taking into account diversity challenges) and transforming the class as a group into a team by usage of non-formal group dynamics

Learning Outcomes

- Acquire a better understanding of the various forms of BULLING and cyber-bulling and a higher knowledge about impact, risk and long-term effect of victims and bullies.
- Develop e- learning competences about recognizing and prevention cyber-bullying.
- Learn how to analyse bullying, aggressive behaviour (physical and verbal) and will learn how to create strategies for dealing with/eliminating them.
- Acquire the needed knowledge and competences to prevent all forms of bullying and cyber-bullying in education and school settings.
- Develop competences regarding applying non-formal education activities and techniques in different formal settings in order to encourage inclusion

Learning Outcomes

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- Develop e- learning competences about recognizing and prevention cyber-bullying.
- Learn how to analyse bullying, aggressive behaviour (physical and verbal) and will learn how to create strategies for dealing with/eliminating them.
- Acquire the needed knowledge and competences to prevent all forms of bullying and cyber-bullying in education and school settings.
- Develop competences regarding applying non-formal education activities and techniques in different formal settings in order to encourage inclusion.
- Understand the characteristics of an inclusive and tolerant environment.
- Share experiences and intercultural practices in a cooperative and collaborative learning process with focus on inclusion and bulling reduction.
- Learn how to use different tools for inclusion across multiple situations and fields through activities and exercises.
- Develop the competences of ensuring harmonious group building (taking into account diversity challenges) and of transforming the class as a group into a team by usage of non-formal group dynamics.
- Develop better understanding of their own competence as teachers and will develop creative intercultural strategies for dealing with inclusion challenges in their own schools and classrooms

Duration:
5 Days

Language:
English

Schedule:
The time of classes, can be in the morning or afternoon depending on provider's availability.
The schedule may vary considerably based on participants' preferences and the trainer's discretion regarding any modifications.

Certificate
A certificate of attendance will be issued to all the participants at the end of the course.

Other Services
We offer accomodation, transport from the aiport and back, local transport and cultural visits. Get in touch with us for more details.

ACTION TRAINING

Day 1

COURSE WELCOME

- Welcome and Introduction to the training program.
- Understanding the term of bullying
- Preventing bullying – good practice examples. Communication (assertive, aggressive, passive)
- Empathy and mirroring. Non-verbal communication in the work environment and in the classroom.

Day 2

GROUP DYNAMICS TO PREVENT BULLYING

- Group inclusion and exclusion
- Developing trust and self-esteem for excluded individuals. Intra and inter group dynamics
- Tools for working with groups, group building activities.
- Non-verbal communication in the work environment and in the classroom.

Day 3

NON-FORMAL METHODS FOR BULLYING INTERVENTION

- What is bullying and cyberbullying?
- Coaching tools for bullying intervention: zone of fulfillment, values, comfort zone
- Research project followed by role play.

Day 4

CONFLICT MANAGEMENT AND MEDIATION

- Sources of conflict in bullying. Approaches to conflict. Basics: Understanding the problem.
- Conflict handling styles.
- Conflict in the classroom
- Mediation and negotiation: differences in the approaches.
- Role play: mediation

Day 5

EVALUATION, DISSEMINATION AND CERTIFICATION

- Dissemination and valorization activities planning.
- Project evaluation.
- Certification ceremony.

*Please note that program content may be subject to change based on input from our trainers.

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Start your educational journey with us on Costa del Sol !

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